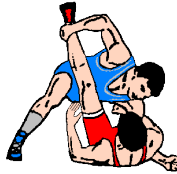


Putnam Valley Summer Wrestling Camp

Sponsored by the Putnam Valley Parks and Recreation



Our goal is to provide Putnam Valley's future champions the opportunity to learn the appropriate skills, techniques, and strategies to build a strong foundation for their future as Putnam Valley Varsity wrestlers.

By developing the appropriate skills at a young age, an athlete's transition from youth and modified wrestling to Junior Varsity and Varsity wrestling should be much smoother, increasing the likelihood of success and continued skill development.

In order to prepare students for the demands of Varsity sports, we aim to develop the whole athlete; physically, mentally, and socially while also allowing plenty of opportunities for fun and games!

For more information you can contact Dan Turner at dturner@pvcsd.org

Campers should bring a bag lunch, water bottle and wear sneakers

Dates: July 8-12

Grades: Current 3rd-8th grade

Location: Putnam Valley Middle School Gymnasium

Drop Off: 8:45 am

Pick Up: 2:00 pm

Cost: \$150/wk per camper. After June 1st, cost will increase to \$160. Registration begins March 1st,

Deadline: July 1st

Register at <https://reg.pvpr.com/>, if you created an account last year, log on and update phone numbers and camper information. If you need assistance, contact us at 845-526-3292.

Payments can be made by mail: 265 Oscawana Lake Road, Putnam Valley, NY 10579 or by credit card by calling or stopping by our office