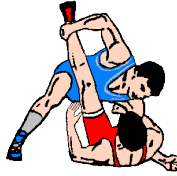


PUTNAM VALLEY WRESTLING CAMP



OUR GOAL IS TO PROVIDE PUTNAM VALLEY'S FUTURE CHAMPIONS THE OPPORTUNITY TO LEARN THE APPROPRIATE SKILLS, TECHNIQUES, AND STRATEGIES TO BUILD A STRONG FOUNDATION FOR THEIR FUTURE AS PUTNAM VALLEY VARSITY WRESTLERS.

BY DEVELOPING THE APPROPRIATE SKILLS AT A YOUNG AGE, AN ATHLETE'S TRANSITION FROM YOUTH AND MODIFIED WRESTLING TO JUNIOR VARSITY AND VARSITY WRESTLING SHOULD BE MUCH SMOOTHER, INCREASING THE LIKELIHOOD OF SUCCESS AND CONTINUED SKILL DEVELOPMENT.

IN ORDER TO PREPARE STUDENTS FOR THE DEMANDS OF VARSITY SPORTS, WE AIM TO DEVELOP THE WHOLE ATHLETE; PHYSICALLY, MENTALLY, AND SOCIALLY WHILE ALSO ALLOWING PLENTY OF OPPORTUNITIES FOR FUN AND GAMES!

COACHING STAFF CONSISTS OF CURRENT AND FORMER PV WRESTLING ALUMNI. MULTIPLE SECTION ONE CHAMPIONS, NYS PLACE FINISHERS, AND MORE!

PIZZA FRIDAY!

Dates: 7/9-7/13

Grades: Current 4th-8th

Location: Putnam Valley High School Gymnasium

Drop Off: 8:45 pm

Pick Up: 2:00 pm

Cost: \$150/wk (Second child \$135 per week)

Register at: <https://reg.pvpr.com/>, beginning on April 4th

Payments could be made by mail at Parks and Recreation,

265 Oscawana Lake Road, Putnam Valley, NY 10579 or by Debit/credit card at 845-526-3292